



October Sports Newsletter



Dear Parents & Coaches,

In order to maintain effective communication within our athletics program, I will send out monthly sports newsletters with updates and schedules. If you have any news you would like me to include in the newsletter, please send it to bcaradonna@sjobosco.org by the 25th of each month.

Thank you,
Brett Caradonna
SJB Athletic Director

Fall Sports

The fall sports season is complete and was a successful one for the Bulldogs. We had four teams competing and all four landed in the upper tier of the league standings. The 5/6th volleyball team ended the season at 6-4 and showed a lot of improvement. The 5th grade flag football team also began to gel late in the season, and won their last three games. The sixth grade flag football team finished with a 6-3-1 record. The 7/8th flag football team finished with a 3-5 record. They were a very young team comprised of 10 of 12 players being 7th graders while playing against 8th grade teams! The future is promising!



Athlete of the month

Sam Root 7th grade

Sam has been a student at SJB for the last eight years. He played quarterback for the 7/8th grade flag football team this season. Sam's favorite sport to play is football, but he also excels in basketball. He considers his favorite sports experience traveling to Columbus, Ohio to watch the Ohio State Buckeyes football team. Sam dedicates a lot of time to his studies, and is a shining example of a "student athlete".

Cross Country Update

SJB's cross country team participated in the St. Thomas Aquinas Invitational last week. The team fared well at their first competition this season. Congratulations to Aubrey Keane (8th grade) and Josh Moeller (7th grade) for finishing in the top five of their division. The Bulldogs' final event will be the CYAA Invitational on Friday, November 8th.

What's Next?

The November newsletter will cover the first few weeks of winter sports, athlete of the month, and information on the 7/8th boys and girls soccer tournaments slated for January.